



After Receiving a Blood Product

While in hospital you received a blood product. On rare occasions, you may have a reaction. The reaction may happen while you are receiving the blood product, while you are still in the hospital or even a few hours or days later. You were carefully watched while receiving the blood product. It is important that you know what to watch for once you go home.

If you have any of the following symptoms:

- Flushed and feeling warm
- Chills or shaking
- Rash, hives or itching
- Nausea or vomiting
- An unusual headache, backache or abdominal pain
- Problems breathing and/or feeling short of breath
- Blood in your urine (will look light brown or rust colored)
- Jaundice (skin will look yellow)

These symptoms should be treated as soon as possible so they do not become more serious.

You may contact _____
by calling _____

What should you do if you cannot reach the contact person?

If your symptoms are mild and you are not sure what to do:

- Call Health Links – Info Santé at 204-788-8200 or toll free at 1-888-315-9257
- Or go to your nearest Emergency Department, Urgent Care Clinic, or Nursing Station
- **DO NOT DRIVE YOURSELF!**

If your symptoms are serious and you feel unwell:

- Call 911 for immediate medical assistance.
- **DO NOT DRIVE YOURSELF!**

If you do need to go to the Emergency Department bring this pamphlet and the wallet card **Patient Notification Record: Administration of Blood/Blood Products** that you received when you were discharged from the hospital. Let the staff know that you may be having a reaction to a blood product.

***Note:** The hospital where you received your blood product must be notified about the reaction.

